



**Riveredge
Hospital**

8311 W. ROOSEVELT ROAD, FOREST PARK, IL 60130

UPCOMING PRESENTATIONS

Dual Diagnosis

Thursday April 22, 2010

12:00pm – 1:30pm (Lunch is provided)

Presenter: Thodur Ranganathan, M.D.

Dr. Ranganathan is a psychiatrist specializing in adult services. In addition to being the Clinical Director for one of our adult units, Dr. Ranganathan is the Director of Emergency Services at Jackson Park Hospital. Dr. Ranganathan is very committed to community mental health and lends his time and services to Metropolitan Family Services and Will County Health Department.

Mental Health Recovery from Professional and Consumer Perspective

Thursday May 13, 2010

12:00pm-1:30pm (lunch is provided)

This presentation will be facilitated by a Mental Health Professional as well as a consumer of Mental Health Services. More information coming!

SAVE THE DATE!!

2nd Annual Reflections on Wellness

Friday May 21, 2010

9:00am – 3:00pm (Continental breakfast and lunch provided)

This is a day dedicated to the wellness and self-care of providers. There will be a morning and afternoon presentation. Between sessions there will be time for networking and taking advantage of various self care opportunities. Available throughout the day will be massage therapists, chiropractic groups, nutritionists, personal trainers and others dedicated to a person's overall well being. In addition, mini yoga sessions will be hosted held at various times during the day.

Presentations:

9:30am -11:00am: The Benefits of Animals and Nature in Human Life by Rainbow Animal Assisted Therapy

1:00pm – 2:30pm: Presentation TBD

5 CEU's for full day; 3 CEU's for half day

*** No Cost**

***RSVP is necessary!**

*** Earn 1.5 CEU's**

RSVP to ginny.trainor@psysolutions.com or (708) 488-4970.